

TLS TRAINER TRAINING REQUIREMENTS

New TLS Trainer Requirements

1.) You must meet current CTLC certification requirements.

2.) Category 1 Speaker (Please Review in NMTSS Section of Unfranchise if you do not know what that entails)

- o Attend Mandatory TLS Trainer Training
- o Pass the TLS Certified Trainer Exam

3.) CTLCs need to maintain or be progressively working towards:

- o 25-31% Body Fat for Woman
- o 18-25% Body Fat for Men
- o Special Medical Considerations will be taken into account.

4.) CTLC must have personal testimonial on record with Corporate

5.) Must submit 10 client results, before/afters and testimonials to transitionslifestyle.com

6.) Must have 10 clients submit letters of recommendation (coaching skills). Must be a non-distributor.

7.) Complete application that will be given at TLS Trainer Training. This application will be reviewed and must be completely approved and agreed by the TLS team.

New TLS Certified Coach Requirements

As of Dec. 1, 2011 (Anyone that has not met current CTLC requirements)

Attend TLS Training (Day 1-Day 2)

Pass online Certified Coach Exam

CTLCs need to maintain or be progressively working towards:

- o 25-31% Body Fat for Woman
- o 18-25% Body Fat for Men
- o Special Medical Considerations will be taken into account

CTLC must have personal testimonial on record with Corporate

Purchase & Sell 10 TLS Kits

Must submit 10 client results, before/after and testimonials to tls.com
Must have 10 clients submit letters of recommendation (coaching skills)

Basic Benefits for Certified Coaches and Trainers

Can conduct TLS Weight Loss Support for Clients

- HP practice, Fitness or any professional setting

Ability to list and charge for TLS Overviews and Support Classes in the NMTSS

Receive leads from TLS Website

Listed on TLS Website as a consultant

- Earning \$15.00 consultant fee for 30 minutes consultation (Phase 2 Implementation of tls.com)

Bi-Weekly Trainer and Coaches Conference Call (Training)

TLS Certified Trainer basic Benefits plus:

Enjoy reduced kit pricing for higher retail profit

Conduct TLS Day 1 & Day 2 Trainings through NMTSS

- Earn \$100.00 (\$50.00/ per day/person)

Conduct TLS UMOs through NMTSS (\$15.00/per person)

Special Coaching and Follow up with the Director of TLS Field Development & Field Staff